



RADISSON PARK SCHOOL PARENTS ASSOCIATION FUNDRAISER

Hello Families!

We are doing a fundraiser for Radisson Park School! All proceeds will go towards buying items that are needed and used by our students such as library books, and gym equipment! We are excited to be selling locally created (right here in Calgary!) mixes that make great additions to your pantry for busy families on the go, or as gifts for people you love! A portion of each mix sale will go towards the goal of \$850.00. All you do is buy the packaged mix and add the very simple ingredients most of you will already have on hand! They taste as delicious as homemade.

Please be sure to write your child's name on the top of the order form, and send the exact amount in **CASH (Change is NOT provided)** only for the orders back to your child's teacher by **NO LATER THAN THURSDAY, MARCH 20.**

Orders will be distributed the week of March 31 after Spring break. Be sure to share with your family, friends, neighbours, and coworkers!

Any questions can be directed to Michelle Wagler at michelle.wagler@yahoo.com

Thanks for your support, as always!



**The
Mixing
Spoon**

\$11



THE MIXES

JUST ADD



Chewy Brownie

Grandma's Oatmeal Raisin

Chippers Cookie

Ginger Crinkle Cookie

Cranberry Chip Cookie

Classic Sugar Cookie



Lemon Poppyseed Scone

Raspberry Burst Scone

Blissful Blueberry Muffin

Pasta Salad

Western Chili

Beefy Macaroni Soup

Minestrone Soup



Noodle Soup

Potato Medley Soup

Butter Eggs Water Vanilla

Butter Eggs Vanilla

Butter Eggs Vanilla

Oil Eggs Molasses

Butter Egg

Butter Egg Milk Vanilla

Margarine Eggs Milk

Margarine Eggs Milk

Applesauce Butter Egg M

Oil Lemon Juice Vinegar

Gr Beef Salsa Tomato Sau

Ground Beef Stewed Tom

Frozen Veg Crushed Tom

Frozen Veg Chicken or Be

Milk/Cream Cooked Harr

PANTRY STAPLES

- ✱ Busy Families
- ✱ College Students
- ✱ Seniors
- ✱ New Cooks

UNIVERSAL GIFTS

- ✱ Piano Teacher
- ✱ Neighbour
- ✱ Hostess
- ✱ Bus Driver
- ✱ Coach
- ✱ Client

WWW.THEMIXINGSPON.CA

PARTICIPANT'S NAME

All items are
\$11 each

RETURN TO
SCHOOL
NO LATER
than Thursday
MARCH 20

[illegible]

TOTAL \$ DUE

[illegible]

Nutrition Facts

Valeur nutritive

Per 1/12 pouch (50 g) / par 1/12 ponche (50 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 190	
Fat / Lipides 2 g	3 %
Saturated / saturés 1 g	
+ Trans / trans 0 g	5 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 270 mg	11 %
Carbohydrate / Glucides 40 g	13 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 20 g	
Protein / Protéines 4 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	6 %
Iron / Fer	26 %

Blissful Blueberry Muffin Mix

Blissful Blueberry Mélange à Muffins

Ingredients: Enriched flour, sugar, Blueberry flakes (sugar, vegetable oil (palm, palm kernel), wheat flour, malic acid, sodium citrate, artificial flavors, blue 2 lake, red 40 lake, blue 1 lake, soy lecithin), baking powder, salt, cinnamon.

Ingrédients : Farine enrichie, sucre, flocons bleuets (sucre, huile végétale (huile palme, palmiste), la farine blé, l'acide malique, citrate sodium, arôme artificiel, bleu 2 lake, red 40 lake, bleu 1 lake, lécithine soya), poudre à pâte, sel, cannelle.

Contains: Wheat, corn, soy.
May contain: Milk, sulphites, FD&C Yellow #5 & #6, MSG or glutamates, seeds.
Contient: Blé, soya, maïs.
Peut contenir: Lait, sulfites, FD&C Jaune #5 & #6, MSG ou glutamates, graines.

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Nutrition Facts

Valeur nutritive

Per 1/33 pouch (30 g) / par 1/33 ponche (30 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 90	
Fat / Lipides 1 g	2 %
Saturated / saturés 1 g	
+ Trans / trans 0 g	6 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 120 mg	5 %
Carbohydrate / Glucides 19 g	6 %
Fibre / Fibres 1 g	2 %
Sugars / Sucres 11 g	
Protein / Protéines 1 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	8 %

Chipper Cookie Mix

Mélange à Biscuit aux Pépites

Ingredients: Golden yellow sugar, enriched flour, chocolate flavoured chips (sugar, hydrogenated palm kernel oil, cocoa powder, soya lecithin), corn starch, sodium bicarbonate, salt.

Ingrédients: Cassonade dorée, farine enrichie, brisures à la saveur de chocolat (sucre, huile de palmiste hydrogénée, poudre de cacao, lécithine de soja), fécule de maïs, bicarbonate de soude, sel.

Contains: Wheat, soy.
May contain: Milk, nuts.
Contient: Blé, soya.
Peut contenir: Lait, noix.

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Nutrition Facts

Valeur nutritive

Per 1/12 pouch (250 ml) / par 1/12 ponche (250 ml)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 120	
Fat / Lipides 1 g	1 %
Saturated / saturés 0 g	
+ Trans / trans 0 g	1 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 720 mg	30 %
Carbohydrate / Glucides 24 g	8 %
Fibre / Fibres 2 g	9 %
Sugars / Sucres 2 g	
Protein / Protéines 5 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	2 %
Iron / Fer	8 %

Beefy Macaroni Soup Mix

Mélange à Soupe au Bœuf et Macaroni

Ingredients: Macaroni (durum wheat semolina, niacin, folic acid, ferrous sulfate (iron), riboflavin, thiamine mononitrate), barley, lentils, beef base (salt, dextrose, corn syrup solids, palm oil, hydrolyzed plant proteins (soya), corn starch, yeast extract (soy), dehydrated onion, colour, silicon dioxide, spices, spice extracts, 1 % disodium inosinate, disodium guanylate), dried onion. 1 % Ingredients: Macaroni (semoule de blé dur, niacin, acide folique, sulfate ferreux (fer), riboflavine, thiamine monitrate), orge, lentilles, base au bœuf (sel, dextrose, extrait sec de sirop de maïs, huile de palme, protéines 30 % végétales hydrolysées (soya), amidon de maïs, extrait de levure (soya), oignon déshydraté, colorant, bioxyde 8 % de silice, épices, extraits d'épice, inosinate disodique, 9 % quanylate disodique), oignon séchés.

Contains: Soy, wheat.
May contain: Sulphites, mustard, nuts, egg, milk.
Contient: Soya, blé.
Peut contenir: Sulfites, moutarde, noix, oeuf, lait.

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Nutrition Facts

Valeur nutritive

Per 1/29 pouch (30 g) / par 1/29 ponche (30 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 90	
Fat / Lipides 1 g	2 %
Saturated / saturés 1 g	
+ Trans / trans 0 g	4 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 85 mg	4 %
Carbohydrate / Glucides 19 g	6 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 11 g	
Protein / Protéines 2 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	8 %

Cranberry Chip Cookie Mix

Mélange à Biscuit aux Pépites de Canneberge

Ingredients: Enriched flour, golden yellow sugar, rolled oats, chocolate flavoured chips (contains sugar, hydrogenated palm kernel oil, cocoa powder, soya lecithin), dried cranberries (contains cranberries, sugar, sunflower oil), sodium bicarbonate, salt.

Ingrédients: Farine enrichie, cassonade dorée, flocons d'avoine, brisures à la saveur de chocolat (contient sucre, huile de palmiste hydrogénée, poudre de cacao, lécithine de soja), canneberges séchées (contient canneberges, sucre, huile de tournesol), bicarbonate de soude, sel.

Contains: Wheat.
May contain: Milk, nuts.
Contients: Blé.
Peut contenir: Lait, noix.

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Nutrition Facts

Valeur nutritive

Per 1/12 pouch (250 ml) / par 1/12 ponche (250 ml)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 180	
Fat / Lipides 1 g	1 %
Saturated / saturés 0 g	
+ Trans / trans 0 g	0 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 460 mg	19 %
Carbohydrate / Glucides 34 g	11 %
Fibre / Fibres 11 g	44 %
Sugars / Sucres 4 g	
Protein / Protéines 11 g	
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	8 %
Calcium / Calcium	8 %
Iron / Fer	24 %

Western Chili Mix

Mélange à Chili

Ingredients: Beans, dried onion, salt, spice mixture.

Ingrédients: Haricots, oignon séchés, sel, mélange d'épice.

May contain: Wheat, nuts, milk, egg, sulphites, mustard, soy.
Peut contenir: blé ou de noix, lait, oeuf, sulfites, moutarde, soya.

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Nutrition Facts

Valeur nutritive

Per 1/28 pouch (30 g) / par 1/28 ponche (30 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 80	
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	
+ Trans / trans 0 g	0 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 155 mg	6 %
Carbohydrate / Glucides 19 g	6 %
Fibre / Fibres 0 g	2 %
Sugars / Sucres 10 g	
Protein / Protéines 2 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	12 %

Ginger Crinkle Cookie Mix

Mélange à Biscuit au Gingembre

Ingredients: Enriched flour, sugar, spice mixture, salt, sodium bicarbonate.

Ingrédients: Farine enrichie, sucre, mélange d'épice, sel, bicarbonate de soude.

Contains: Wheat.
May contain: Milk, nuts.
Contient: Blé.
Peut contenir: Lait, noix.

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Nutrition Facts

Valeur nutritive

Per 1/20 pouch (52 g) / par 1/20 ponche (52 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 130	
Fat / Lipides 2 g	3 %
Saturated / saturés 2 g	
+ Trans / trans 0 g	9 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 35 mg	2 %
Carbohydrate / Glucides 30 g	10 %
Fibre / Fibres 2 g	8 %
Sugars / Sucres 21 g	
Protein / Protéines 2 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	15 %

Chewy Brownie Mix

Mélange à Brownie

Ingredients: Sugar, enriched flour, chocolate flavoured chips (sugar, hydrogenated palm kernel oil, cocoa powder, soya lecithin), cocoa powder, baking powder, salt.

Ingrédients: Sucre, farine enrichie, brisures à la saveur de chocolat (sucre, huile de palmiste hydrogénée, poudre de cacao, lécithine de soja), poudre de cacao, poudre à pâte, sel.

Contains: Wheat, soy.
May contain: Milk, nuts.
Contient: Blé, soya.
Peut contenir: Lait, noix.

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Nutrition Facts		
Valeur nutritive		
Per 1/30 pouch (30 g) / par 1/30 ponche (30 g)		
Amount Teneur	% Daily Value	% valeur quotidienne
Calories / Calories 80		
Fat / Lipides 4 g		1 %
Saturated / saturés 0 g		0 %
+ Trans / trans 0 g		0 %
Cholesterol / Cholestérol 0 mg		
Sodium / Sodium 65 mg		3 %
Carbohydrate / Glucides 18 g		6 %
Fibre / Fibres 1 g		3 %
Sugars / Sucres 9 g		
Protein / Protéines 2 g		
Vitamin A / Vitamine A		0 %
Vitamin C / Vitamine C		0 %
Calcium / Calcium		0 %
Iron / Fer		8 %

Oatmeal Raisin Cookie Mix Mélange à Biscuit au Raisin Sec

Ingredients: Enriched flour, golden yellow sugar, raisins, (vegetable oil), rolled oats, sodium bicarbonate, spice mixture, salt.
Ingrédients: Farine enrichie, cassonade dorée, raisins, (huile végétale, flocons d'avoine, bicarbonate de soude, mélange d'épice, sel.

Contains: Wheat.
May contain: Milk, nuts.
Contient: Blé.
Peut contenir: Lait, noix.

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Nutrition Facts		
Valeur nutritive		
Per 1/10 pouch (250 ml) / par 1/10 ponche (250 ml)		
Amount Teneur	% Daily Value	% valeur quotidienne
Calories / Calories 130		
Fat / Lipides 1 g		2 %
Saturated / saturés 0 g		2 %
+ Trans / trans 0 g		2 %
Cholesterol / Cholestérol 15 mg		
Sodium / Sodium 730 mg		30 %
Carbohydrate / Glucides 24 g		8 %
Fibre / Fibres 2 g		9 %
Sugars / Sucres 2 g		
Protein / Protéines 6 g		
Vitamin A / Vitamine A		0 %
Vitamin C / Vitamine C		4 %
Calcium / Calcium		2 %
Iron / Fer		10 %

Noodle Soup Mix Mélange à Soupe aux Nouilles

Ingredients: Egg noodles (durum wheat semolina, dried egg yolk, niacin, folic acid, ferrous sulphate (iron), riboflavin, thiamine, mononitrate), lentils, chicken soup base (corn syrup solids, salt, dextrose, corn starch, chicken fat, onion powder, autolyzed yeast extract (soy), garlic powder, spices, spice extracts, colour, disodium inosinate, disodium guanylate, silicon dioxide), dried onion, spice mixture.

Ingrédients: Nouilles aux œufs (semoule blé durum, poudre de jaune d'œuf, niacine, acide folique, sulfate ferreux (fer), riboflavine, thiamine, monitrate), lentilles, base au poulet (extrait sec sirop maïs, sel, dextrose, amidon maïs, gras poulet, poudre d'oignon, extrait levure autolysée (soja), poudre d'ail, épices, extraits d'épices, colorant, inosinate disodique, guanylate disodique, bioxyde de silice), oignon séchés, mélange d'épice.

Contains: Egg, wheat, soy.
May contain: Milk, nuts, sulphites, mustard.
Contient: Œuf, blé, soja.
Peut contenir: Sulfites, moutarde, lait, noix.

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Nutrition Facts		
Valeur nutritive		
Per 1/16 pouch (33 g) / par 1/16 ponche (33 g)		
Amount Teneur	% Daily Value	% valeur quotidienne
Calories / Calories 150		
Fat / Lipides 2 g		2 %
Saturated / saturés 1 g		4 %
+ Trans / trans 0 g		4 %
Cholesterol / Cholestérol 0 mg		
Sodium / Sodium 165 mg		7 %
Carbohydrate / Glucides 29 g		10 %
Fibre / Fibres 1 g		3 %
Sugars / Sucres 9 g		
Protein / Protéines 4 g		
Vitamin A / Vitamine A		0 %
Vitamin C / Vitamine C		0 %
Calcium / Calcium		6 %
Iron / Fer		20 %

Lemon Poppy Seed Scone Mix Mélange à Scone de Citron et Graine de Pavot

Ingredients: Enriched flour, sugar, lemon flakes (contains sugar, vegetable oil (palm, palm kernel), wheat flour, lemon juice powder (corn syrup solids, lemon juice with lemon oil) natural and artificial flavours, citric acid, soy lecithin, yellow 5 lake), poppy seed, baking powder, salt.

Ingrédients: Farine enrichie, sucre, flocons citron (sucre, huile végétale (palme, palme), farine, blé, poudre jus citron (maïs des solides sirop, jus citron avec, l'huile citron), arômes naturels et artificiels, acide citrique, lécithine soja, jaune 5 lake), graines pavot, poudre à pâte, sel.

Contains: Wheat, soy.
May contain: Milk, nuts, sulphites.
Contient: Blé, soja.
Peut contenir: Soja, noix, lait, sulfites.

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Nutrition Facts		
Valeur nutritive		
Per 1/10 pouch (37 g) / par 1/10 ponche (37 g)		
Amount Teneur	% Daily Value	% valeur quotidienne
Calories / Calories 100		
Fat / Lipides 0 g		0 %
Saturated / saturés 0 g		0 %
+ Trans / trans 0 g		0 %
Cholesterol / Cholestérol 0 mg		
Sodium / Sodium 320 mg		13 %
Carbohydrate / Glucides 20 g		7 %
Fibre / Fibres 1 g		5 %
Sugars / Sucres 2 g		
Protein / Protéines 3 g		
Vitamin A / Vitamine A		0 %
Vitamin C / Vitamine C		0 %
Calcium / Calcium		0 %
Iron / Fer		8 %

Pasta Salad Mélange à Salade de Pâtes

Ingredients: Vegetable fusilli (durum wheat semolina, dehydrated spinach, tomato powder, niacin, folic acid, ferrous sulphate (iron), riboflavin, thiamine, mononitrate), sugar, salt, spice mixture (mustard).

Ingrédients: Fusilli de légumes (semolina de blé durum, déshydratée d'épinards, poudre tomate, niacine, acide folique, ferreux, sulfate (fer), riboflavine, mononitrate, thiamine), sucre, sel, mélange d'épice (moutard).

Contains: Mustard, wheat.
May contain: Sesame seed, milk, egg or sulphites.
Contient: Moutard, blé.
Peut contenir: Graines sésame, lait, œuf, sulfites.

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Nutrition Facts		
Valeur nutritive		
Per 1/15 pouch (33 g) / par 1/15 ponche (33 g)		
Amount Teneur	% Daily Value	% valeur quotidienne
Calories / Calories 140		
Fat / Lipides 2 g		2 %
Saturated / saturés 1 g		4 %
+ Trans / trans 0 g		4 %
Cholesterol / Cholestérol 0 mg		
Sodium / Sodium 170 mg		7 %
Carbohydrate / Glucides 29 g		10 %
Fibre / Fibres 1 g		3 %
Sugars / Sucres 10 g		
Protein / Protéines 3 g		
Vitamin A / Vitamine A		0 %
Vitamin C / Vitamine C		0 %
Calcium / Calcium		6 %
Iron / Fer		20 %

Raspberry Burst Scone Mix Mélange à Scone de Framboises

Ingredients: Enriched flour, sugar, raspberry flakes (sugar, vegetable oil (palm, palm kernel), wheat flour, malic acid, tricalcium phosphate, sodium citrate, artificial flavors, soy lecithin, red cabbage juice, red 40 lake, blue 5 lake), baking powder, salt.

Ingrédients: Farine enrichie, sucre, framboises artificiel (sucre, huile végétale (palme, huile palme), farine, l'acide malique, phosphate tricalcique, citrate sodium, saveur artificiel, lécithine soja, jus chou rouge, rouge 40 lac, bleu 2 lac), poudre en pate, sel.

Contains: Wheat, soy.
May contain: Sulphites, milk, nuts.
Contient: Blé, soja.
Peut contenir: Sulfites, lait, noix.

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Nutrition Facts		
Valeur nutritive		
Per 1/10 pouch (22 g) / par 1/10 ponche (22 g)		
Amount Teneur	% Daily Value	% valeur quotidienne
Calories / Calories 80		
Fat / Lipides 1 g		1 %
Saturated / saturés 0 g		1 %
+ Trans / trans 0 g		1 %
Cholesterol / Cholestérol 0 mg		
Sodium / Sodium 700 mg		29 %
Carbohydrate / Glucides 16 g		5 %
Fibre / Fibres 2 g		7 %
Sugars / Sucres 2 g		
Protein / Protéines 2 g		
Vitamin A / Vitamine A		15 %
Vitamin C / Vitamine C		8 %
Calcium / Calcium		4 %
Iron / Fer		6 %

Potato Medley Soup Mix Mélange à soupe Medley de pomme de terre

Ingredients: Dehydrated vegetables (carrot, potato, onion, leek, and green bell pepper, cabbage, celery), potato flakes (potatoes, vegetable monoglyceride (palm and/or soy), sodium acid pyrophosphate sodium stearoyl-2-lactate, BHA), vegetable soup base (salt, corn syrup solids, dehydrated vegetables (onion, carrot, potato, tomato, leek, red and green bell pepper, cabbage, celery, garlic, asparagus), sugar, potato starch, corn starch, palm oil, hydrolyzed plant proteins (corn), hydrolyzed plant proteins (soy), dextrose, yeast extract (soy), canola oil, spices, spice extracts, silicon dioxide, colour, disodium inosinate, disodium guanylate), dehydrated onion, spice mixture.

Ingrédients: Légumes déshydratés (carotte, pomme de terre, oignon, poireau, poivre rouge et vert, chou, céleri, flocons pommes terre Pommes de terre, légumes monoglicéride (Palm et/ou soja), pyrophosphate acide sodium stéaryle sodique-2-lactate, BHA), soupe légumes base (sel, sirop glucose déshydraté, légumes déshydratés (oignon, carotte, pomme terre, tomate, poireau, poivre rouge et vert, chou, céleri, ail, les asperges), sucre, fécule pommes terre, fécule maïs, l'huile de palme, protéines hydrolysées (maïs), protéines hydrolysées (soja), dextrose, extrait levure (soja), huile canola, épices, extraits d'épices, dioxyde de silicium, couleur, inosinate disodique, disodium guanylate), oignon déshydraté, mélange d'épices.

Contains: Soy, wheat.
May contain: Sulphites, mustard, nuts, egg, milk.
Contient: Soja, blé.
Peut contenir: Sulfites, moutarde, noix, œuf, lait.

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Nutrition Facts		
Valeur nutritive		
Per 1/15 pouch (250 ml) / par 1/15 ponche (250 ml)		
Amount Teneur	% Daily Value	% valeur quotidienne
Calories / Calories 110		
Fat / Lipides 1 g		1 %
Saturated / saturés 0 g		2 %
+ Trans / trans 0 g		2 %
Cholesterol / Cholestérol 0 mg		
Sodium / Sodium 840 mg		35 %
Carbohydrate / Glucides 21 g		7 %
Fibre / Fibres 2 g		8 %
Sugars / Sucres 2 g		
Protein / Protéines 4 g		
Vitamin A / Vitamine A		0 %
Vitamin C / Vitamine C		4 %
Calcium / Calcium		2 %
Iron / Fer		10 %

Minestrone Soup Mix Mélange à Soupe Minestrone

Ingredients: Lentils, rice, rotini (durum wheat semolina, niacin, folic acid, ferrous sulfate (iron), riboflavin, thiamine mononitrate), barley, beef base (salt, dextrose, corn syrup solids, palm oil, hydrolyzed plant proteins (soy), corn starch, yeast extract (soy), dehydrated onion, colour, silicon dioxide, spices, spice extracts, disodium inosinate, disodium guanylate), dried onion, spice mixture.

Ingrédients: Lentilles, riz, tourelle (semoule blé dur, niacin, acide folique, sulfate ferreux (fer), riboflavine, thiamine monitrate), orge, base au bœuf (sel, dextrose, extrait sec de sirop de maïs, huile de palme, protéines végétales hydrolysées (soja), amidon de maïs, extrait de levure (soja), oignon déshydraté, colorant, bioxyde de silice, épices, extraits d'épice, inosinate disodique, guanylate disodique), oignon séchés, mélange d'épice.

Contains: Soy, wheat.
May contain: Sulphites, mustard, nuts, egg, milk.
Contient: Soja, blé.
Peut contenir: Sulfites, moutarde, noix, œuf, lait.

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Nutrition Facts		
Valeur nutritive		
Per 1/28 pouch (19 g) / par 1/28 ponche (19 g)		
Amount Teneur	% Daily Value	% valeur quotidienne
Calories / Calories 70		
Fat / Lipides 0 g		0 %
Saturated / saturés 0 g		0 %
+ Trans / trans 0 g		0 %
Cholesterol / Cholestérol 0 mg		
Sodium / Sodium 40 mg		2 %
Carbohydrate / Glucides 16 g		5 %
Fibre / Fibres 0 g		1 %
Sugars / Sucres 9 g		
Protein / Protéines 1 g		
Vitamin A / Vitamine A		0 %
Vitamin C / Vitamine C		0 %
Calcium / Calcium		0 %
Iron / Fer		8 %

Classic Sugar Cookie Mix Mélange de cookies de sucre classique

Ingredients: Cookie: Enriched flour, sugar, sodium bicarbonate, salt.
Glaze: Icing sugar

Ingrédients : Cookie : farine enrichie, sucre, bicarbonate de sodium, sel.
Glacis : Sucre glace

Contains: Wheat.
Contient: Blé.

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